



The Monthly Catch-Up

"Creativity is intelligence having fun"

-Albert Einstein

At no time in life is creativity more powerful than in early childhood. Kids are innate innovators with vivid imaginations driven by creativity. Creativity leads to vivacious self-expression that allows us to learn more about what the child may be thinking or feeling. This could explain why arts and crafts are one of the most favored activities that we have in our Day Program and in our 1:1 DTT therapy. Arts and crafts serve as a fun outlet for the expression of one's feelings, thoughts, or ideas. It assists kids with motor skills and visual learning development and develops critical thinking and problem-solving skills in children. For us, as therapists working with your kiddos, we can definitely see their personalities shine through what they choose to do with their art. The smiles on their faces and pride that they exhibit once they finish a project show us just how important of a role creativity plays in boosting their self-confidence.



ABA Tips & Tricks

Transitioning. We all do it. Whether at home, school, or in the workplace, transitions occur frequently and require individuals to change from one task to another and/or from one setting to another. For some of us, we have the power and ability to control transitions and when they happen throughout our day. However, individuals with ASD, developmental disabilities, and behavioral challenges may face greater difficulty in moving successfully from one activity to another.

In our ABA program, we incorporate transition strategies to reduce the amount of transition time and increase appropriate behaviors during transitions. It will also aid in increasing a child's independence by relying less on adult prompting and participating more in school and community outings. Check out some of transition strategies that we strongly recommend if your kiddo is struggling with transitions:

TRANSITION STRATEGIES



TIMER

A visual countdown where the individual could "see" how much time is left in the activity

"First, finish your homework. Then, you can play in the playground"

FIRST-THEN STATEMENTS

A statement where the individual is informed of what activity to complete first in order to then receive preferred item/activity



VISUAL SCHEDULE

Visual representation of activities throughout the day.



Behavioral Initiatives
Quality ABA Professionals

BI Superstars of the Month

Destinee

This month Destinee has made great progress in tolerating losing games with peers! She is doing great regulating her emotions and trying again if she happens to lose. Destinee is also doing really well communicating with peers and adults. She has been spontaneously using longer sentences to request items and activities she wants. She's also done well-learning therapists' names and is working on using their names appropriately to call for attention. Destinee continues to make great progress in the day program and is working on becoming more independent in the classroom



every day. Great job Destinee, we are so proud of you!

Follow Our Journey

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